

MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE RUSSIAN FEDERATION
FEDERAL STATE BUDGETARY EDUCATIONAL INSTITUTION OF HIGHER EDUCATION
"MOSCOW STATE UNIVERSITY OF FOOD PRODUCTION"

APPROVED

Rector of MSUFP


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POLICY
on the health promotion

Moscow
2020

1. GENERAL TERMS

1.1. This policy has been developed for implementation at the Moscow State University of Food Production (hereinafter - MSUFP, the University).

1.2. The University takes responsibility for measures to improve and promote the health and well-being of citizens, including hygiene, nutrition, family planning, sports and physical exercise.

1.3. The University has developed a set of measures aimed at health promotion.

2. SET OF MEASURES

2.1. The University takes all appropriate measures with regard to health promotion:

2.1.1. promotes the abandonment of harmful habits: smoking, alcohol and drugs;

2.1.2. Conducts various activities to promote the benefits of sport and healthy eating;

2.1.3. implements educational programmes in the field of sport, healthy diet and psychological health;

2.1.4. educates on family planning and values;

2.1.5. provides information on the importance of hygiene: brochures, articles, slogans, leaflets, books, etc.

2.2. The University, as part of its mission, is developing food and health-saving technologies.